



Comer Commons Area
3855 Health Sciences Dr. • La Jolla, CA 92093



**San Diego
Brain Tumor
FOUNDATION**

*Supporting the Needs
of Patients & Families*

www.sdbtf.org

APRIL 9, 2011

8:30 a.m.–12:30 p.m.

*Please join us for the first
SDBTF/UCSD Brain Tumor
Patient & Caregiver Workshop.*

*The morning will include a
variety of information and
resources for your well being.*

*We look forward to our meeting
and understanding your needs.*

Workshop Program

- 8:30-9:00 REGISTRATION**
- 9:00-9:15 Introductions - Dr. Kesari and Connie**
- 9:15-9:45 San Diego Hospice**
- 9:45-10:15 Stress Reduction Through Mindfulness - Steve Hickman, Psy.D., Assistant Clinical Professor of Psychiatry, UC San Diego**
- 10:15-10:30 BREAK - beverages & snacks**
- 10:30-11:00 Nutrition - Vicky Newman, MS, RD Director, Nutrition Services, Cancer Prevention & Control Program**
- 11:00-11:30 The Human Side of Cancer - Nancy Rupert, LCSW Social Worker, UC San Diego**
- 11:30-12:00 The Chopra Center - David Simon, MD.**
- 12:00-12:20 MEET THE DOCTORS:**
 - Bob Carter, MD. Ph.D.,** *Chair, Division of Neurosurgery, UC San Diego*
 - John Crawford, MD.,** *Pediatric Neuro-Oncologist Rady Children's Hospital, San Diego*
 - Santosh Kesari, MD., Ph.D.,** *Director, Neuro-Oncology, UC San Diego*
 - David Simon, MD.,** *Co-Founder, The Chopra Center*

Please RSVP by Friday, March 25, 2011 to SDBTF: 619.515.9908 or info@sdbtf.org